

Activity: The best facilitator!

This activity has been developed by staff at the Safer Young Lives Research Centre as part of the Our Voices programme. This activity was developed and piloted in workshops with young people in Albania and Uganda. Those wishing to use this resource should reflect on how suitable it may be for their own project and context and make the necessary adaptations.

Research tells us that for young people who have experienced sexual violence, it is important that professionals working with them possess certain qualities and skills.

We would like to know what you think is important in a person who facilitates participatory work (workshops, research projects, art-based activities) with young people who have experienced sexual violence.

Please use colouring pens and pencils to draw and write on the paper doll to show what things you think are most important. This may include:

- Qualities
- Skills
- Strengths
- Training
- Anything else

You can use images to explain what you mean (e.g. draw a heart for someone that is kind or draw a speech bubble to show examples of the kind of words they may use). Be as creative as you like!

Image 1: Example developed by illustrator Maria Stoian, based on multiple drawings by young people in Albania and Uganda.



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